

# DRIL Impact

2023-2024

DRIL

**4**

Schools partnered  
with

**72%**

Group's average attendance  
for sessions

**633**

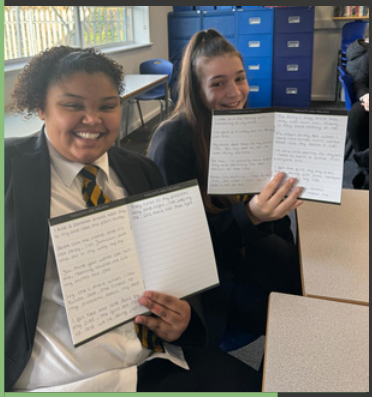
Total attendances

**78**

Children attended

**92**

Weeks of delivery



"DRIL has improved our student's behaviour around the rest of the academy; the students are now getting less negative and more positive behaviour points. Their attitudes have also improved, they are much happier and smiley around school." - Teacher



**48%**  
Felt confident enough to express their emotions

Pre

**86%**  
Reported that the music helped them to express their emotions

Post

**79%**  
Understood what mental health and wellbeing meant

Pre

**82%**  
Stated the programme helped to improve their mental health and wellbeing

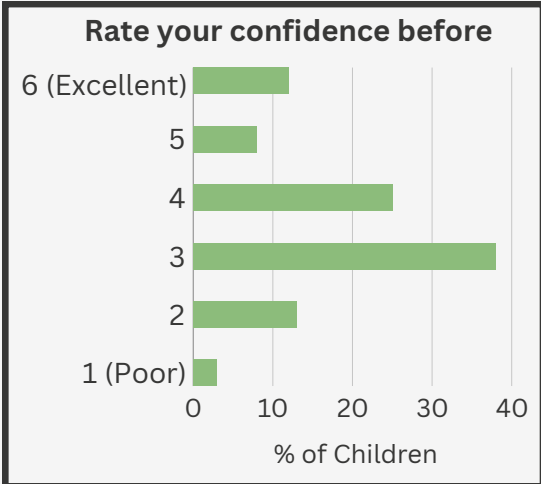
Post

**87%**  
Stated they struggled to focus and concentrate in lessons

**88%**  
Reported that the programme helped them with their focus and concentration

**84%**  
Found it difficult to manage their anger

**91%**  
Reported the DRIL sessions helped them understand why they get angry



**98%**  
Would recommend DRIL to other students



"I never thought I would be able to do anything like DRIL but I have and the way it has boosted my confidence is incredible, my family have said that they have seen that too. I am talking to people a lot more now, I have now always got a smile on my face and it has helped me so much with my mental health and quite frankly my physical health too." - Child

