

# Motivational Mornings Impact

2023-2024



**3**

Schools partnered  
with

**70%**

Group's average attendance  
for sessions

**615**

Total attendances

**94**

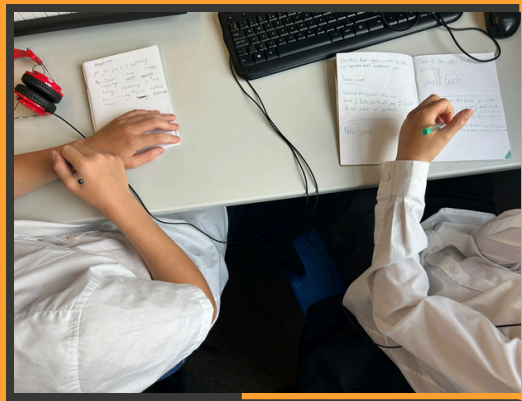
Children attended

**100**

Weeks of delivery



“I can now focus and concentrate more in lessons because the sessions have motivated me in the morning. I used to have one lesson at school, now I have three.” - Child



**52%**  
Felt confident enough to express their emotions

Pre

**91%**  
Stated the programme helped them to process and manage their emotions

Post

**66%**  
Understood what mental health and wellbeing meant

Pre

**80%**  
Stated the programme helped to improve their mental health and wellbeing

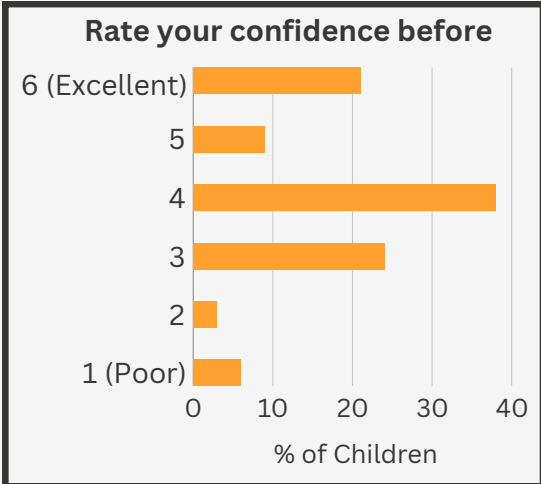
Post

**98%**  
Stated they struggled to focus and concentrate in lessons

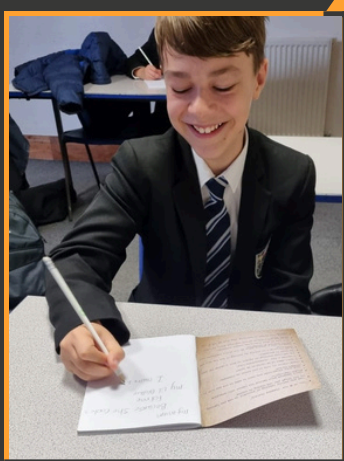
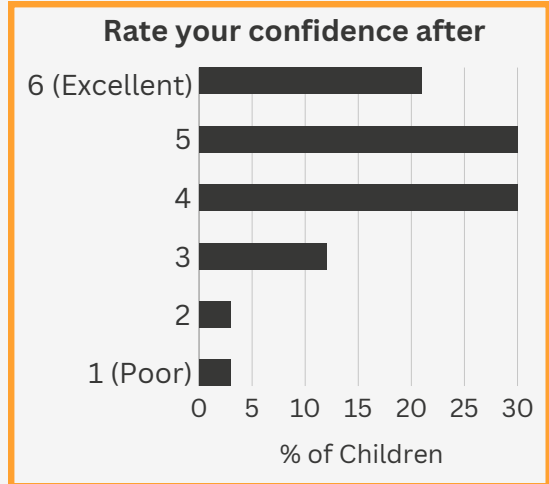
**76%**  
Reported that the programme helped them with their focus and concentration

**77%**  
Thought their behaviour had an impact on their learning

**90%**  
Think that their behaviour has improved since attending DRIL



**93%**  
Would recommend MM to other students



“MMs helped me focus more in school and not get involved in drama. It was also a safe space for me to come to, I feel more positive and can open up to people.” - Child

“The programme helped me improve my behaviour; I now have someone that will listen to me and a safe space.” - Child

